



Why the Distressed Behaviors of Dementia Occur

APPROACH

- ◆ lack of validation
- ◆ rushing
- ◆ not communicating in a way they understand
- ◆ not treating them as adults
- ◆ trying to control them/keeping your own agenda

ENVIRONMENT

- ◆ noise
- ◆ temperature
- ◆ feeling lost
- ◆ people they don't recognize
- ◆ large crowds

ENGAGEMENT

- ◆ feeling bored
- ◆ no sense of purpose
- ◆ too easy or challenging

HYDRATION & FOOD

- ◆ hunger
- ◆ thirst
- ◆ nutrition

MEDICATION

- ◆ changes
- ◆ side effects
- ◆ not given on time
- ◆ not given as prescribed (with/without food, with other medications etc.)

PHYSICAL CONDITION

- ◆ pain
- ◆ physical comfort
- ◆ tired